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CENTRAL INTELLIGENCE AGENCY

REPORT

INFORMATION REPORT

COUNTRY China

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SUBJECT Nutrition

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50X1-HUM

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1. [redacted] current nutrition in China. "The flour is now all 81% extraction. People find it all right so far as to color, strength, taste, etc; that is the criteria of the common people, and [redacted] no complaint about it." 50X1-HUM
2. [redacted] the diet for government employees is on three levels (that high-ups get more meat and better grade food, white-collar workers receiving less of it and the lowest workers getting whatever they can) but [redacted] the diets are not planned nutritionally and the quality is limited by the amount of money allowed to buy food. 50X1-HUM
3. It seems, however, that knowledge of nutrition has been applied to some extent, such as the increasing use of soya bean products, especially bean curd and the more frequent use of lower-priced mixed cereals to substitute for part of the more expensive rice and white flower, the money thus saved being applied to buy meat. 50X1-HUM
4. There has been nothing published about nutrition of millet. [redacted]

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